

Jnane Allia

YOGA HOLIDAYS in MARRAKECH, MOROCCO
3 Nights / 4 Days or 7 Nights / 8 Days

with Perumal Koshy



JNANE ALLIA

This oasis of peace, located on the edge of the Marrakech Palmeraie, is 18 km from downtown Marrakech. When walking through the surrounding villages you will feel transported into another age. Low-impact indigenous building materials, constructed in a traditional fashion, blend us into the Moroccan landscape.

BELDI & ROMY

Beldi in Morocco is all that is traditional from architecture to food and fashion. Romy is all that is imported. In the creation of Jnane Allia we chose Beldi. With this we realized an oasis from the noisy and bustling cities that is timeless without detracting from our modern comforts.



By incorporating materials that are native to the local culture we are organically constructed without adversely impacting the surrounding environment. The accommodations are made of pise an age-old building method. Pise, according to ancient building technique, is a blend of pressed and dried mud, straw and water.

Here the Moroccan tradition is facilitated without forgetting the pleasure of clean lines and large openings to the outdoors.

The swimming pool, hammam and massage room, are located in outdoor areas along with a fireplace lounge and a large Kaidal tent.



The eight relaxing fifty square meter suites are composed of a bedroom, bathroom, living room, fireplace and a small pergola outside. For magnificent sunsets all rooms are overlooking the pool and facing from south to south-west. The interior design is simple, essential, inspired from meticulous research in the choice of ancient materials which carry within clear trace of human hand.



Marco Bonvicini, host of Jnane Allia, traveled through the Sahara for thirty years. He worked as a desert guide in the Sahara and as a competitive pilot in the historic Paris Dakar rally. "My love for Africa started at eighteen. My father took me to Bangui with a Land Rover until we crossed the Sahara to see the coronation of Emperor Bokassa." After such an inspiring experience he lived and traveled for decades throughout Africa, from the Sahara to the Sahel. He became a reference for tour operators across Europe and in the realization of research expeditions.



YOGA

The daily yoga classes, tailored to the level of the group, are scheduled before breakfast and dinner. The lessons are thorough with theoretical arguments and easy to comprehend guidelines for spirituality and healthy living thus opening a portal to the hidden aspects of yoga. Perumal explains the linkages and interactions between the mental, physical, philosophical and spiritual aspects of yoga with highlights from his own experience which will make yoga tangible for leading to genuine mental and physical wellbeing. The lessons, thanks to a progressive approach, will allow the guest to achieve the right state of flow in order to improve mobility, breathing and circulation while strengthening muscles, tendons and ligaments.

Additional activities include cooking classes, hiking in the Atlas Mountain, hot air balloon rides, golf, horse riding hammam and massages are available and can be arranged through Jnane Allia.



YOGA HOLIDAY PRICES PER PERSON IN EUROS

Half Board (Breakfast & Dinner)

A hearty meal will be provided after the morning and evening yoga sessions.

Yoga is available twice a day for 2 or more participants. For one person yoga classes are available once a day.

| Suites 50mq | 3 nights | 7 nights |
|--------------------|-----------------|-----------------|
| Double occupancy | € 480 | € 1.032 |
| Single occupancy | € 696 | € 1.452 |

Christmas and New Years Rates (18/12 - 3/1)

| Suites 50mq | 3 nights | 7 nights |
|--------------------|-----------------|-----------------|
| Double occupancy | € 666 | € 1.260 |
| Single occupancy | € 954 | € 1.890 |

Currency Converter - [Click or go to http://www.yogawithperumal.tv/curr.htm](http://www.yogawithperumal.tv/curr.htm)

Transfers & Pickups

Our driver will collect you at the airport. Please inform us one day in advance.

Included in all packages:

- Travel Insurance
- Health Insurance & Repatriation
- Meals: halfboard & water
- Transfers from and to airport

Not included in all packages:

- Flights (Your destination is Marrakech)



Please enquire online at <http://www.tfaforms.com/178328>

Further info contact:



Clio Viaggi Srl
Tel. +39 (0)27 6001763
Fax +39 (0)27 80309

Skype: clio.viaggi.1
giuliano@clioviaggi.com
ilaria@clioviaggi.com



YwP LLC
Tel. +1 (323) 568 1259
Fax +1 (323) 544 4334

Skype: yogawithperumal
info@yogawithperumal.tv



Jnane Allia
Tel. +212 678 346 995

Skype: marcobonvicini
Email info@jnaneallia.com
www.jnaneallia.com

*Oulad Hassoun (Route de Fes)
N 31° 40,086' W 007° 49,459'
Marakesh, Morocco*